



When you wake up in the morning (and) it's a quarter to one, You look around to have some fun,

### **REFRAIN:**

You brush your teeth, shhh, sh

And you wake up in the morning (and) it's a quarter to two, You look around for something to do, (REFRAIN)

And you wake up in the morning (and) it's a quarter to three, Your mind starts humming, fiddle dee-dee, (REFRAIN)

And you wake up in the morning (and) it's a quarter to four, You think you hear a knock at the door, (REFRAIN)

And you wake up in the morning (and) it's a quarter to five, You just can't wait to come ALIVE! (REFRAIN)

### You can also add:

- ...it's a quarter to six, you look around for your big ol' stick
- ...it's a quarter to seven, you look at your watch 'cause you thought it was eleven
- ...it's a quarter to eight, you look outside and see a friend at the gate
- ...it's a quarter to nine, you say, "Yee Haw! I'm feelin' just fine!"
- ...it's a quarter to ten, you look around and see your friends

### REFRAIN FOR INFANTS: (for small children not brushing yet)

They look so good, (do the shhh's)

I knew they would, (do the shhh's)

They look so fine, (do the shhh's)

With lots of shine, (do the shhh's)

<sup>&</sup>quot;And that's it! You can really make up anything as long as it rhymes; and it doesn't have to be very good to be fun! Enjoy!"—Dr.Cathy

## The "Pacifier Song"

(To the tune of "If you're happy and you know it")

If you're giving up your paci clap your hands,

If you're giving up your paci clap your hands,

If you're giving up your paci you have made us all so happy,

If you're giving up your paci clap your hands!



### "Tickle Tickle Little Teeth"

(To the tune of "Twinkle Twinkle Little Star")

Tickle Tickle Little Teeth,

How I Wonder What You Eat,

Open Up Your Mouth So Wide,

So We Can Get Our Toothbrush Inside,

Tickle Tickle Little Teeth,

Wouldn't You Like a Special Treat?



# "I Love Brushing My Teeth"

### Verse 1:

Brush Brush in the Morning Time!

Brush Brush in the Evening Time!

Keeping Your Teeth Clean All Day Long,

Brushing Your Teeth While We're Singing This Song!

### Verse 2:

Brush Brush in the Morning Time!

Brush Brush in the Evening Time!

Keeping Your Teeth Clean All Day Long

I Love Brushing My Teeth!

