

## Post-Treatment

### \_\_\_ Care Instructions Following Dental Nitrous-Oxide

A safe, low concentration of Nitrous Oxide/Oxygen was administered to your child in order to help with analgesia, reduce gag reflex and reduce your child's anxiety during the dental procedure. Immediately at the end of this dental procedure, 100% oxygen was administered for at least 5 minutes in order to remove any remaining Nitrous Oxide from the body. Any remaining gas in the child's body is negligible and is almost immediately exhaled by your child; there should not be any prolonged after effect.

Rarely, following Nitrous Oxide/Oxygen administration, headache, nausea and/or vomiting may occur. If any of these side effects should occur following the dental visit, please contact our office.

### \_\_\_ Care Instructions Following Local Anesthesia

Local anesthesia lasts approximately one to two hours.

The lips, cheek, and/or tongue may be numb. Young children generally have a harder time with this strange sensation as they have no prior experience with it; they may be tempted to bite, scratch or pull on their lips, cheeks or tongue. Watch the child closely and assure them that the area is just "asleep" and that it will "wake back up" and feel "normal" again in a little while. Assure them and show them that the area still looks normal, despite the weird feeling.

If your child should bite on their lips, cheek or tongue, the area will bleed a bit and appear swollen and red. As the area heals, a whitish-grey looking membrane may cover the area. This is the intraoral equivalent of a "scab" and is a normal part of the healing process. Healing may take up to a week. If you have any questions concerning post-operative trauma, please contact our office.